

Understanding Extreme States and Psychiatric Diagnosis: A Process Work Approach

Saturday, February 4th, 10am - 4:30 pm

Process Work Institute
2049 NW Hoyt St. Portland

with Will Hall MA, Dipl PW & Myriam Rahman MA, Dipl PW

\$60; (\$50 before Jan 20th)

Space limited; pre-registration recommended.

Contact portlandhearingvoices@gmail.com to register & regarding scholarships.
5.5 CEU's available for this workshop

Is there meaning in the distressing experiences labeled psychosis, bipolar, and schizophrenia?

The mind is far more mysterious than a label or a diagnosis could ever encompass. In this workshop we will discover the gifts of sensitivity, creativity, and spirituality that are intertwined with what gets called a disorder. Discussion, demonstrations, and experiential exercises will introduce a Process Oriented way to live and work with the meaning behind extreme states of consciousness. Everyone is welcome at this inclusive workshop: professionals, those interested in Process Work, people with diagnosis and/or extreme states, anyone taking or not taking medications, family members, and the community.

Co-teachers Will Hall and Myriam Rahman offer a unique personal perspective on hospitalization, diagnosis, and medication.



Will Hall, MA, DiplPW, has recovered from a diagnosis of schizophrenia. Director of Portland Hearing Voices, Will hosts Madness Radio on KBOO and teaches internationally on new approaches to madness and extreme states. www.willhall.net.

Myriam Rahman, MA, DiplPW, teaches internationally and is a trainer and consultant with Portland Hearing Voices. Myriam is a survivor of a diagnosis of bipolar disorder w/ psychosis and uses her experience of recovery in her work as a therapist and facilitator.

Sponsored by: Portland Hearing Voices, www.portlandhearingvoices.net, Mental Health Association of Portland, and National Association of Social Workers - Oregon Chapter Mental Health Network.

