

Understanding Psychiatric Medications: A Harm Reduction Approach

Sunday, October 21
10:00 am - 5:00 pm

Process Work Institute
2049 NW Hoyt St. Portland

with Will Hall MA, Dipl PW

\$120 (\$108 before Oct. 8th)

Space limited; pre-registration recommended

Registration: info@processwork.org

Scholarship info: portlandhearingvoices@gmail.com

CEU's available for this workshop

How can anti-psychotics, anti-depressants, mood stabilizers, and other drugs be used wisely? What are the risks and benefits? How can we collaborate effectively with prescribers, and what about reducing and discontinuing medications? Come learn a pragmatic *harm reduction* approach that is neither pro- nor anti- medication, but instead based in mental diversity. Everyone is welcome: professionals, survivors, students, family, and anyone taking or not taking medications.



Will Hall, MA, DiplPW, is a therapist who has himself recovered from a diagnosis of schizophrenia and now teaches internationally. Director of Portland Hearing Voices and host of KBOO's Madness Radio, Will has written in the Journal of Best Practices in Mental Health and in the upcoming Oxford University Press Modern Community Mental Health Work. He is author of the Harm Reduction Guide to Coming Off Psychiatric Drugs, used widely in the peer recovery movement. www.willhall.net.

*Co-Sponsored by:
Process Work Institute, Portland Hearing Voices, Mental Health Association of Portland, and Empowerment Initiatives*

*For more information:
www.processwork.org and www.portlandhearingvoices.org*

